

Organize:



SETRADE
SOCIETAT ESPANYOLA
DE TRAUMATOLOGIA I
REHABILITACIÓ

1ST
INTERNATIONAL
SONOSURGERY
SYMPOSIUM
& CADAVER LAB

February 23rd -24th, 2018

Venue: FACULTY OF MEDICINE
AND HEALTH SCIENCES
BARCELONA UNIVERSITY

Theoretical Program: Friday, February 23rd, 2018

Practical Program: Saturday, February 24th, 2018

PROGRAMME

1ST INTERNATIONAL SONOSURGERY SYMPOSIUM & CADAVER LAB

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INTRODUCTION TO SONOSURGERY COURSE

SETRADE is honoured to promote the **I International Sonosurgery & Cadaver Lab**, which will take place in **Barcelona on 23rd and 24th February 2018**.

A number of surgical procedures on the musculoskeletal system assisted by ultrasound, and, in some of them, as support to arthroscopic techniques, will be on display for the first time. By means of that, we reflect the work carried out by distinguished trendsetters such as Hakan Alfredson, who will also take part in this Symposium along with some professionals who have developed it in Spain.

We are opening doors to a new surgical concept where ultrasound, endoscopy and surgery get together to strive for excellence in the treatment of several pathologies of the upper and lower limbs. Patellar, achilles and epicondylar tendinopathies, plantar fasciitis, aponeurotomy of Compartment Syndrome due to effort, tenotomy of medial gastrocnemius, radial median and n. neurolysis in wrist and forearm, all of them in two days.

The first day will be devoted to showing procedures and the second day to applying the knowledge on anatomical pieces.

We look forward to sharing with the pupils our feeling of being opening the way to the future.

Dr. Jordi Ardèvol Cuesta

President of Setrade Scientific Committee

COMMITTEES

ORGANIZING COMMITTEE:

Dr. Ramón Balius

Dr. Jordi Ardèvol

Dr. Xavier Sala

Dr. Antonio Carrascosa

SCIENTIFIC COMMITTEE:

Dr. Hakan Alfredson

Dr. Emilio López-Vidriero

PROGRAMME

FEBRUARY, 23

- 15.00 ACREDITATION
- 15.30 Opening Symposia
A. Carrascosa, A. Prats
- INDICATIONS AND TECHNIQUES**
- 16.00 **The way from diagnostic ultrasonography to sonosurgery**
R. Balius
- 16.15 **Sonosurgery: indications and base conditions to practice**
J. Ardèvol
- 16.30 **Ultrasound and Doppler-guided arthroscopic shaving procedure**
H. Alfredson, L. Masci
- 17.00 **Carpal Tunnel Syndrome US Assisted**
J. De la Fuente
- 17.15 **Upper extremity US Assisted endoscopic neurolysis**
J. Palau
- 17.45 *Break*
- 18.15 **Ultrasound and Doppler-guided Achilles scraping procedure**
H. Alfredson, L. Masci
- 18.45 **Anterior Exertional Compartment Syndrome US assisted aponeurotomy**
R. Balius
- 19.00 **Fascia Plantaris US assisted fasciotomy**
G. Álvarez
- 19.15 **US assisted Extensor Carpi Radialis Brevis release**
J. Ardèvol
- 19.30 **Medial gastrocnemius US Assisted Tenotomy**
L. Til
- 19.45 **US assisted peripheral nerve blocks**
X. Sala

FEBRUARY, 24

CADAVER-LAB: US & ENDOSCOPIC PROCEDURES

LAB 1: LOWER LIMB

Facilities: US & arthroscopy towers

Instructors: Alfredson - Masci / Ardèvol - Balias / Ferrer Señorans - Álvarez / TII - Ramón Olivé

- 09.00 **US assisted Endoscopic Achilles Tendon Scrapping** - GROUP 1
- 10.00 **US assisted arthroscopic Patellar Tendon Scrapping** - GROUP 1
- 11.00 *Break*
- 11.30 **Anterior Exertional Compartment Syndrome US assisted aponeurotomy**
GROUP 1
- 12.15 **Fascia Plantaris US assisted fasciotomy** - GROUP 1
- 13.00 **Medial gastrocnemius US Assisted Tenotomy** - GROUP 1
- 13.45 *Lunch*
- 14.45 **US assisted Endoscopic Achilles Tendon Scrapping** - GROUP 2
- 15.45 **US assisted arthroscopic Patellar Tendon Scrapping** - GROUP 2
- 16.45 *Break*
- 17.15 **Anterior Exertional Compartment Syndrome US assisted aponeurotom** -
GROUP 2
- 18.00 **Fascia Plantaris US assisted fasciotomy** - GROUP 2
- 18.45 **Medial gastrocnemius US Assisted Tenotomy** - GROUP 2

LAB 2: UPPER LIMB AND GENERAL DEMONSTRATIONS

Facilities: US tower

Instructors: De la Fuente - Casan / Palau - Bossy / Codina - Pedret / López-Vidriero - Rius

- 09.00 **Arthroscopic & US settings by J. De la Fuente** - GROUP 2,
- 10.00 **Peripheral Nerves Blocks Demostration** - GROUP 2,
- 11.00 *Break*
- 11.30 **Carpal Tunnel Syndrome US Assisted** - GROUP 2
- 12.15 **Upper extremity US Assisted endoscopic neurolysis** - GROUP 2
- 13.00 **US assisted Extensor Carpi Radialis Brevis release** - GROUP 2
- 13.45 *Lunch*
- 14.45 **Arthroscopic & US settings by J. De la Fuente** - GROUP 1
- 15.45 **Peripheral Nerves Blocks Demostration** - GROUP 1
- 16.45 *Break*
- 17.15 **Carpal Tunnel Syndrome US Assisted** - GROUP 1
- 18.00 **Upper extremity US Assisted endoscopic neurolysis** - GROUP 1
- 18.45 **US assisted Extensor Carpi Radialis Brevis release** - GROUP 1

Each group is composed by 20 attendants

Four attendants for each station

Eight instructors for each lab

GENERAL INFORMATION

VENUE

FACULTY OF MEDICINE

Casanova 143, 08036 Barcelona. Spain
Aula Magna: 3rd floor
Dissection room: basement [North wing]

OFFICIAL LANGUAGE: English

FACULTY:

Dr. Hakan Alfredson

Sweden

Dr. Jordi Ardèvol Cuesta

Barcelona, Spain

Dr. Ramón Balius Matas

Barcelona, Spain

Dra. Mireia Bossy

Barcelona, Spain

Dr. Carlos Cachán

San Sebastián, Spain

Dr. David Codina Grañó

Barcelona, Spain

Dr. Javier de la Fuente Ortiz de Zarate

San Sebastián, Spain

Dr. Carlos Ferrer Señorans

Málaga, Spain

Dr. Emilio López-Vidriero Tejedor

Seville, Spain

Dr. Lorenzo Masci

London

Dr. Ramón Olivé Vilas

Barcelona, Spain

Dr. Jordi Palau González

Barcelona, Spain

Dr. Carles Pedret Carballido

Barcelona, Spain

Dr. Marta Rius Vilarubias

Barcelona, Spain

Dr. Xavier Sala Blanch

Barcelona, Spain

Dr. Lluís Til Pérez

Barcelona, Spain

REGISTRATION FEE: 1200 €

Fee includes: Admission to all scientific Sessions / Workshop participation / Conference material / Certificate of attendance / Coffee breaks and Lunch
Until **09.02.2018** all cancellations will be penalized by retaining 50% of payment. After that date penalization will be of 100% of payment.

TECHNICAL SECRETARIAT

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Technical Secretariat: [SANE CONGRESS](#)[®]

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